



泰山武術學校

Taishan School of Martial Arts

Gym 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
10-11 AM						Kungfu Beginner	10:00 to 10:45 KungFu Children	10-11 AM
11-12 AM						Kungfu Intermediate	Taiji and QiGong for health	11-12 AM
12-1 PM						Special Events and application	Kungfu Intermediate	12-1 PM
1-2 PM						Kungfu Beginner	Kungfu Beginner	1-2 PM
2-3 PM	Monday -Friday After School Kungfu Training Program					Kungfu Intermediate	Kungfu Advanced	2-3 PM
3-4 PM	Arrival and Snack	Arrival and Snack	Arrival and Snack	Arrival and Snack	Arrival and Snack	Kungfu Advanced	Selects Kungfu	3-4 PM
4-5 PM	Home Work Kungfu Training	Home Work Sanda Training	Home Work Kungfu Training	Home Work Sanda Training	Home Work Kungfu Training	San Da (Free Style Combat)	Selects Kungfu	4-5 PM
5-6 PM	PlayTime	PlayTime	PlayTime	PlayTime	PlayTime			5-6 PM
6-7 PM	Kungfu Beginner	Kungfu Intermediate	Kungfu Beginner	Kungfu Intermediate				6-7 PM
7-8 PM	Kungfu Intermediate	Kungfu Beginner	Kungfu Intermediate	Kungfu Beginner				7-8 PM
8-9 PM	San Da (Free Style Combat)	Kungfu Advanced	Kungfu Advanced	Special Events Class				8-9 PM
9-10 PM			Selects Kungfu					9-10 PM

